

when a student is in distress

**ACT SWIFTLY!**

medical or  
other emergency <sup>1</sup>

campus phone  
**9-911**  
non-campus phone  
**415-476-6911**

request a wellness  
check for safety <sup>2</sup>

UCSF Hotline  
**415-476-4325 (HEAL)**

**inform the dean's office in your school**

Dentistry, Sara Hughes.....	415/476-8059 or 530/551-5571
Medicine, Lee Jones.....	415/476-2346 or 415/939-5280
Nursing, Maureen Shannon.....	415/502-7632 or 415/680-8414
Pharmacy, Cynthia Watchmaker.....	415/476-8025 or 925/285-3932
Graduate Division, Elizabeth Silva.....	415/502-2927 or 415/309-6410

<sup>1</sup> **9-911** You are in the middle of a medical or safety emergency.  
Examples: you find a student impaired, actively threatening suicide  
or intimidating others.

<sup>2</sup> **wellness check** You are concerned that a student is at high risk  
for a serious problem, and/or you haven't been able to reach a student when  
they should be available. A dispatcher will answer the line and determine  
next steps for safety and wellbeing.



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**SHCS Mental Health Consult Line: 415-476-1281 option 2**

You may speak to a counselor 24/7 for urgent support or consultation about a student.